

# Ascentis Entry Level 1 Award and Certificate in Personal Progress Overview Specification



**Ofqual Number:**

600/8997/0 Entry Level Award

600/9079/0 Entry Level Certificate

Ofqual Start Date: 01/05/2013

Ofqual Review Date: 31/07/2027

Ofqual Certification Review Date: 31/07/2028

# Qualification Overview

The Ascentis Award and Certificate in Personal Progress at Entry Level 1 are designed for learners operating at the earliest communication levels. This also includes learners who already have life skills but are working at, or just below, the Application stage of the Achievement Continuum. They give learners recognition for their learning and promote and support progression over time.

There are several features of these qualifications that make them very appropriate for their target learners:

- Unit certification is available for each of the units
- Flexible awards recognising spiky profiles of learners through certification in any combination of individual development stages on the achievement continuum
- Verification and certification can be offered throughout the year, allowing maximum flexibility for centres

## Aims

The aims of the qualifications are to enable learners:

- 1 To promote the development of life skills
- 2 To promote the development of functional skills in English, Maths and ICT below the level of the Functional Skills qualifications
- 3 To support the horizontal and lateral progression of learners while recognising their learning achievements

## Target Group

These qualifications are aimed at a wide variety of learners with individual abilities, interests, motivations and aspirations. These individuals will have learning difficulties for a variety of reasons and are working within the Entry 1 continuum levels previously known as pre-Entry.

These qualifications have been designed to help learners working at Entry 1 and below to develop the confidence and skills for everyday life.

## Regulation Codes

Ofqual Regulation Numbers:

- Ascentis Entry Level Award in Personal Progress (Entry 1): 600/8997/0
- Ascentis Entry Level Certificate in Personal Progress (Entry 1): 600/9079/0

## Assessment Method

All units are internally assessed through the learner building up a portfolio of evidence that covers the relevant assessment criteria. They are internally assessed and verified by the centre and then externally verified by Ascentis.

Many Ascentis units include suggested content to support wider learning opportunities across three priority areas:

- Digital
- Well-being
- Sustainability.

They are not compulsory and do not form part of the assessment. They are suggestions for tutors who may wish to link the unit content into these areas to further support learner progression in education, training and work.

# Rule of Combination

## Entry 1 Award in Personal Progress

Learners must achieve 8 credits in total. The credits can be taken from any combination of units within the qualification.

## Entry 1 Certificate in Personal Progress

Learners must achieve 14 credits in total. The credits can be taken from any combination of units within the qualification.

Ascentis Award and Certificate in Personal Progress (Entry 1)				
Title	Level	Credit Value	GLH	Unit reference
Basic Cooking Techniques	Entry 1	3	30	J/600/6198
Dealing with problems	Entry 1	4	40	Y/502/4159
Developing communication skills	Entry 1	3	30	F/502/4317
Developing Community Participation Skills: Getting Out and About	Entry 1	5	50	F/502/4169
Developing ICT skills	Entry 1	4	40	Y/502/4324
Developing Independent Living Skills: Being Healthy	Entry 1	2	20	A/502/4168
Developing Independent Living Skills: Having Your Say	Entry 1	3	30	H/502/4164
Developing Independent Living Skills: Keeping Safe	Entry 1	2	20	K/502/4165
Developing Independent Living Skills: Looking After your Own Home	Entry 1	2	20	M/502/4166
Developing learning skills: learning to learn	Entry 1	5	50	A/502/4154
Developing reading skills	Entry 1	3	30	F/502/4320
Developing self awareness: all about me	Entry 1	3	30	Y/502/4422
Developing Skills for the Workplace: Following Instructions	Entry 1	2	20	R/502/4449
Developing Skills for the Workplace: Getting Things Done	Entry 1	4	40	J/502/4450
Developing Skills for the Workplace: Health and Safety	Entry 1	2	20	L/502/4451
Developing Skills for the Workplace: Looking and Acting the Part	Entry 1	2	20	R/502/4452
Developing writing skills	Entry 1	3	30	R/502/4323
Early mathematics: developing number skills	Entry 1	2	20	D/502/4325
Early mathematics: measure	Entry 1	2	20	M/502/4331
Early mathematics: position	Entry 1	2	20	K/502/4327
Early mathematics: sequencing and sorting	Entry 1	3	30	T/502/4332
Early mathematics: shape	Entry 1	2	20	T/502/4329
Encountering experiences: being a part of things	Entry 1	3	30	R/502/4161

Engaging with the world around you: events	Entry 1	3	30	T/502/4203
Engaging with the world around you: objects	Entry 1	3	30	F/502/4205
Engaging with the world around you: people	Entry 1	3	30	R/502/4175
Everyday Food and Drink Preparation	Entry 1	3	30	L/600/6204
Exploring Art	Entry 1	3	30	M/600/6423
Exploring Dance	Entry 1	3	30	L/600/6428
Exploring Music	Entry 1	3	30	R/600/6432
Getting on with other people	Entry 1	4	40	L/502/4160
Health and Fitness	Entry 1	3	30	Y/600/6268
Kitchen Hygiene	Entry 1	1	10	A/600/6201
Making a Simple Meal	Entry 1	3	30	R/600/6222
Recycling, Managing Waste	Entry 1	2	20	H/600/6225
Rights and responsibilities : Everybody matters	Entry 1	3	30	K/502/4439
Travel within the Community: Going Places	Entry 1	3	30	A/502/4171
Understanding what money is used for	Entry 1	3	30	D/600/0438
Using Local Health Services	Entry 1	2	20	F/502/4172

## Guided Learning Hours (GLH)

The recommended guided learning hours for the Award is 80.

The recommended guided learning hours for the Certificate is 140.

## Total Qualification Time (TQT)

The total qualification time for the Award is 80.

The total qualification time for the Certificate is 140.

## Age Range of Qualification

These qualifications are suitable for learners aged 14+, 16–18 and 19+.

# Contact & Further Information

**New Centres** please email [hello@ascentis.co.uk](mailto:hello@ascentis.co.uk) or call 01524 845046.

**Existing Centres** please visit the Login area of our website [www.ascentis.co.uk](http://www.ascentis.co.uk) to view the full specification.

**Product Development** for enquiries please email [development@ascentis.co.uk](mailto:development@ascentis.co.uk).